

Breakfast Menu

Dobbs Ferry Middle/High School

September 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1



2

Homemade Waffles
Crispy Potato Puffs
Fresh NY Local Apple
100% Orange
Tangerine



3

Homemade Pancakes
Crispy Turkey Sausage Links
Fresh Banana
100% Juice Fruit Punch

4

Homemade Waffles
Scrambled Eggs
Fresh Fruit Cup
100% Apple Juice

5

Ham & Cheese Bagel Melt
Fresh Strawberries
100% Juice Fruit Punch

8

Whole Grain French Toast Slices
Fresh Banana
100% Apple Juice

9

Homemade Waffles
Crispy Potato Puffs
Fresh NY Local Apple
100% Orange
Tangerine



10

WG Donut
Fresh Blueberries
100% Juice Fruit Punch

11

Homemade Waffles
Turkey Bacon
Roasted Potatoes
Fresh Strawberries
Fresh Fruit Cup
100% Apple Juice

12

Apple Strudel
Fresh Peaches
Fresh Fruit Cup
100% Juice Fruit Punch



15

Whole Grain Biscuit
Crispy Chicken Patty
Crispy Potato Puffs
Sliced Oranges
100% Apple Juice



16

Homemade Waffles
Crispy Turkey Sausage Links
Fresh Strawberries
100% Orange
Tangerine

17

Homemade French Toast
Crispy Potato Puffs
Fresh Banana
100% Juice Fruit Punch

18

Homemade Waffles
Scrambled Eggs
Fresh Fruit Cup
100% Apple Juice

19

Mini Cinnamon Pull Apart Roll
Fresh NY Local Apple
100% Juice Fruit Punch

22

Scrambled Eggs
Whole Grain Biscuit
Roasted Potatoes
100% Juice Fruit Punch

23

24

25

Homemade Waffles
Turkey Bacon
Roasted Potatoes
Fresh Strawberries
100% Apple Juice
Fresh Fruit Cup

26

Bagel Melt
Fresh NY Local Apple
100% Juice Fruit Punch



29

Mini Cinnamon Pull Apart Roll
Sliced Oranges
100% Juice Fruit Punch

30

Homemade Waffles
Crispy Potato Puffs
Fresh NY Local Apple
100% Orange
Tangerine



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

DAILY BREAKFAST OPTIONS

TUESDAYS AND THURSDAYS HOME
MADE WAFFLES

ASSORTED WHOLE GRAIN MUFFINS

FRESH NY BAKED BAGELS

WG REDUCED SUGAR CEREALS

ANY QUESTIONS CONTACT THE FSD

MASSIAH@DFSD.ORG

PAID BREAKFAST PRICE: FREE 2ND BREAKFAST \$1.25 ADULT:
3.00

ADULT PRICES ARE TENTATIVE TO CHANGE

MADE TO ORDER BREAKFAST SANDWICHES

FRUIT SMOOTHIES , YOGURT PARFAITS W/ GRANOLA

ALL BREAKFAST MEALS ARE SERVED WITH A FRESH FRUIT & FRUIT
JUICE

Lunch Menu

Dobbs Ferry Middle/High School

September
2025

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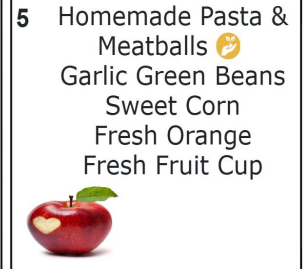
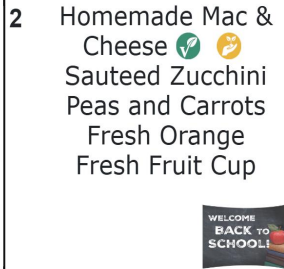
Monday

Tuesday

Wednesday

Thursday

Friday



8 Mozzarella Sticks
Marinara Sauce Dip
Sweet Potato Fries
Garden Salad
Fresh Red Delicious
Apple
Fresh Fruit Cup

9 Nachos Grande
Confetti Black Bean
Salad
Fiesta Corn
Fresh Grapes
Fresh Fruit Cup

10 Homemade Chicken
& Broccoli Alfredo
Green Beans
Fresh Pear
Fresh Fruit Cup

11 Philly Cheese Steak

Oven Baked Fries
Fajita Style Onions
and Peppers
Red Peppers
Plums
Fresh Fruit Cup

12 Incredibowls Chicken
& Vegetable Rice
Sautéed Spinach
Mixed Vegetable
Blend
Apple Slices
Fresh Fruit Cup

15 Cheesy Stuffed
Bread Sticks
Sweet Potato Fries
Mixed Vegetable
Blend
Sliced Apples
Fresh Fruit Cup

16 Crispy Tacos
Seasoned Rice
Fiesta Corn
Confetti Black Bean
Salad
Pineapple
Fresh Fruit Cup

17 Chicken Parmesan
Over Pasta
Steamed Italian
Vegetables
Garden Salad
Watermelon Slices
Fresh Fruit Cup

18 Homemade French
Toast
Crispy Turkey
Sausage Links
Crispy Potato Puffs
Carrot Sticks
Strawberries
Fresh Fruit Cup

19 BLT Burger
Golden Baked Potato
Wedges
Fresh Cucumber
Salad
Fresh Peach
Fresh Fruit Cup

22 Grilled Cheese
Sandwich
Homemade French
Fries
Cajun Roasted
Broccoli
Fresh Blueberries
Fresh Fruit Cup

23

24

25 General Tso Chicken
Noodle Bowl
Mixed Vegetable
Blend
Carrot Dippers
Fresh Fruit Cup

26 Chicken Drumstick
Doubles
Yellow Rice
Glazed Carrots
Roasted Butternut
Squash
Sliced Oranges
Fresh Fruit Cup

29 Homemade Baked
Pasta with Cheese

Steamed Broccoli
Carrot Sticks
Homemade Bread
Sticks
Fresh Peaches
Fresh Fruit Cup

30 Classic Tex Mex
Burrito
Fajita Style Onions
and Peppers
Sofrito Black Beans
Pineapple
Fresh Fruit Cup

BEEF



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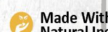
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Available Daily

Deli: Made to order Sandwiches, Paninis, & Quesadilla.

Grill: Chicken Patties, Spicy Chicken Patties & Burgers.

CARROT STICKS, CELERY STICKS & GARDEN SALAD



ANY QUESTIONS OR CONCERNS CONTACT THE FSD
MASSIAHJ@DFSD.ORG

Pizza: Cheese, Pepperoni & Daily Special

Make to order Salads, Smoothie and Fruit Parfaits

PAID LUNCH: 1ST LUNCH FREE; SECOND LUNCH: \$2.75

ADULTS: \$5.44 PRICES ARE TENTATIVE TO CHANGE

ALL MEALS ARE SERVED WITH A FRUIT, VEGETABLE, 1% MILK
OR FF CHOCOLATE MILK & 100% FRUIT JUICE